



The DORKING TENS

Sunday 3rd June 2018

Featuring the Dorking 10-mile road race (09:00am)
and introducing the Cockerel 10K road race (09:40am)



Official photographer



- ▶ BARR gold graded running event and Surrey 10 Mile Road Championship race.
- ▶ UKA road race licence number applied for.
- ▶ Technical T-shirt for all finishers.
- ▶ Prizes for men/women/veterans/team (one individual prize per runner only).
- ▶ Ten mile race starts at 09:00 with a 40 minute cut off after 3.3 miles.
- ▶ Chip timing start and finish, full race information and quick results service.
- ▶ Runners must be at least 17 years of age on race day for 10 mile race, 16 years for Cockerel 10K.
- ▶ 10 mile race comprises one large lap with smaller inner lap course, Cockerel 10K outer loop only.
- ▶ Both races take place on lanes through scenic countryside.
- ▶ Entry fee: £17.00 unlicensed, £15.00 licensed for both races (same overheads).
- ▶ **All RACE NUMBERS to be collected from Race HQ (DRFC, Big Field, Brockham) on the day.**

Make cheques payable to : Dorking and Mole Valley A.C. Send to:
The Event Secretary, 1 Delderfield, Leatherhead, Surrey KT22 8UA
Please enclose a SAE for race details. Postal and online entry closes midday 1st June 2018.

Website: www.dmvac.org.uk – for further information & online entry

***Surrey Qualified (eligibility for the Surrey County 10 Mile Championship) Born in Surrey OR have lived in Surrey for the last 9 months AND you have not competed for any other county for the last 6 months.**

I declare that:

1. I am an amateur as defined by UK Athletics
2. I will abide by the Laws and Rules of Competition of UK Athletics
3. I will be 17 years of age or older on race day (16 years for Cockerel 10K race)
4. I understand that Dorking & Mole Valley AC, its members, officials, and any patron or body involved in the organisation of the event will not be held liable for any injury, loss or illness arising from the event unless caused by negligence
5. I do not object to personal data from this entry form being held on computer for the purposes of Race Administration.
6. I will not participate unless I am medically fit to run or to use a racing wheelchair for 10 miles (or 10K for the Cockerel).
7. I will not wear headphones during the race.

Signed _____ Date _____

Race I am entering: Dorking 10 mile

Cockerel 10K

Tick if you would like to receive information about future events run by DMVAC by post by email by telephone by text message

BLOCK LETTERS PLEASE

Name _____

Address _____

Postcode _____

Athletics Club _____

England Athletics Competition Licence

Registration Number _____

Male/Female _____

Date of birth _____

Tel No. _____

Email (upper case for legibility please)

Surrey qualified: Yes / No

Tick T-Shirt Size: S M L XL

Official use only

Date Rec'd

Race Number