



DORKING TEN

32nd 10 mile open road race
09:00am SUNDAY 4th JUNE 2017



Run under UK Athletics rules - incorporates Surrey County 10 Mile Championship (See*)

- ▶ BARR gold graded running event
- ▶ UKA road race licence number
- ▶ Commemorative memento to all finishers
- ▶ Prizes for men/women/veterans/team (one individual prize per runner only.)
- ▶ Pace car, mile markers, full support service with three drink stations on route
- ▶ Chip timing start and finish, full race information and quick results service
- ▶ Runners must be at least 17 years of age on race day
- ▶ One large lap with small inner lap course on lanes through scenic country side
- ▶ Entry fee: £15.00 unlicensed, £13.00 licensed; Entry on the day: £20.00 unlicensed, £18.00 licensed
- ▶ **All RACE NUMBERS to be collected from Race HQ (DRFC, Big Field, Brockham) on the day.**



NEW for 2017 - shorter first loop "Not quite Ten" race

9.5 Km outer loop race (also cut-off time route for 10 mile) starting at 09:30. Runners must be 16 years of age on race day. Entry fee: £12.00 unlicensed, £10.00 licensed; Entry on the day: £17.00 unlicensed, £15.00 licensed. Individual prizes for 1st three men & women minimum, more prizes dependent on entry level.

Make cheques payable to : Dorking and Mole Valley A.C.

Send to: The Event Secretary, 1 Delderfield, Leatherhead, Surrey KT22 8UA



Website: www.dmvac.org.uk - for further information & online entry

BLOCK LETTERS PLEASE

Name _____

Address _____

Postcode _____

Athletics Club _____

England Athletics Competition Licence

Registration Number _____

Male/Female _____

Date of birth _____

Tel No. _____

Email (upper case for legibility please)

Surrey qualified Yes / No

Race entered 10 Mile / 9.5 Km

**Surrey Qualified (eligibility for the Surrey County 10 Mile Championship)*

Born in Surrey OR have lived in Surrey for the last 9 months AND you have not competed for any other county for the last 6 months.

I declare that:

1. I am an amateur as defined by UK Athletics
2. I will abide by the Laws and Rules of Competition of UK Athletics
3. I will be 17 years of age or older on race day (16 years for 9.5 Km race)
4. I understand that Dorking & Mole Valley AC, its members, officials, and any patron or body involved in the organisation of the event will not be held liable for any injury, loss or illness arising from the event unless caused by negligence
5. I do not object to DMVAC holding personal data from this entry form on computer for the purposes of Race Administration only.
6. I will not participate unless I am medically fit to run or to use a racing wheelchair for 10 miles (or 9.5 Km for the shorter race).
7. I will not wear headphones during the race.

Signed _____ Date _____

Official use only

Date Rec'd

Race Number