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**Fortem 10k Fun Run 2018 – Postal entry form**

Join us for a 10km fun run this summer to support the Fortem *‘Fit for Life’* scheme, family and friends are welcome.

**Race Details**

* Race date: Sunday 10th June 2018
* Location: Fairlands Valley Park in Stevenage, Hertfordshire
* Distance: 10km (6.2mile) run over rolling park land
* Race start: 10:15am (Registration opens 9am, warmup 10am)
* Chip timing used for all runners
* Event T-shirts for all participants
* Medals for all finishing runners
* Ample parking, food and drink facilities on site, baggage area and toilets.
* Entry Fee £23 per runner (No entrants on the day)
* Minimum age for entry: 14 years old, 14-17 must be accompanied to the event by a responsible adult (+18 years old) who will take overall responsibility for the child during the course of the event
* **Closing date for entries: 14th May 2018**

**For more details www.TBC.co.uk – ENTER ONLINE www.sportsystems.co.uk**

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**Please send this form together with a cheque made payable to xxxxx TBC**

**Address: Sports Systems, Regency House, 61 Walton Street, Walton On The Hill, Tadworth KT20 7RZ**

**First Name(s): - \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**Surname: - \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**Gender: - \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**Date of Birth: - \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**Address: - \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

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**Post Code: - \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**Contact No: - \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**Email: - \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**Emergency Contact: - \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**Contact No: - \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**I have read and understood the declaration.**

**Sign: - \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**Print Name: - \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**Date: - \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**DECLARATION**

I declare that I am medically fit to run and will in no way hold the organisers or sponsors of this event responsible for any injury, illness or accident to my person or lost property resulting from my participation in this event. I understand that fees are non-refundable, if I am unable to compete or the race is cancelled for reasons beyond the control of Fortem Solutions Ltd.

A full copy of all terms and conditions will be made available online at www.sportsystems.co.uk

Fortem Solutions Ltd, 4 Portmill Lane, Hitchin, Herfordshire, SG5 1DJ.